

Walk Brief 10:30 18th November: Itchen River and Way

The walking route is as shown on the next page and is about 4.0 miles long.

For the walk on Tuesday **18th November**, we will meet at Bishopstoke Road Car Park, Eastleigh SO50 6LA (Parking costs appears to be £4 for up to 4 hours or £8 for up to 10 hours). As parking is unfortunately expensive you might want to car share or go by Bus. Route 3 Bus from the Hedge End & Botley area arrives near the car park at 1012. Train at 0936 from Hedge End is also an option but you will arrive early. Also, you might find free parking in the Bishopstoke area. From the Car park we follow the route shown below. There is a bit of a climb in first part of the walk, after that the route is pretty flat but narrow in places

For those that want lunch the Steam Town Brew Co. has been recommended to me. Details of the pub and its Menu can be found via menus page

<https://www.steamtown.co.uk/>.

Please let me know if you can make it and let me know if you want a lift or can offer lifts to others. Also please let me know if you will be staying for lunch.

Besides dressing for the weather on the day some paths will be muddy so waterproof walking shoes or boots will be needed, and a change of footwear will probably be needed before having lunch

Please all take care on the walk. The main hazards and precautions to be aware include:

- Paths can be slippery.
- Two parts of the route are on roads with good pavements, but we will have to be aware of traffic and watch for traffic especially when crossing roads.
- Tripping hazards from roots, kerbs and rough track are present, also take care that shoelaces are not likely to trip you. Also, some paths are directly beside the river thus care is needed to avoid slipping into the water, there were still some low hanging brambles and tree bows to avoid on some of the route
- Please remain between walk leader and tail walker.
- Please bring your membership card with you and check emergency contact information is written on the back of the card.

- Please bring mobile phone and check you have my number in case of a problem.
- Walk Leader: Tony 07795301075**



Short hike along the River Itchen



4.0 mi

Distance

1:35 h

Duration

151 ft

Ascent

138 ft

Descent

Elevation profile ^